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RASPY

VOICE

EXERCISES

TECHNIQUES FOR SOUNDING ROUGH AND RASPY



A SMART RAPPER PRODUCT

WELCOME TO RASPY VOICE EXERCISES!

You are probably reading this because **you** want to know how to make **your** voice raspy. It is actually very common to want to know how to get a raspy voice, especially if **you** are a singer or rapper.

Why?

Because when we have a raspy voice it sounds cool. I know that may sound corny but I don't know how else to put it .

This is because the first time we ever hear our voice raspy it is completely new to us. Most people don't have the distortions in their vocal cords to make a raspy voice.

Raspy voices have texture that is pleasing on the ear. Super smooth or clean voices can sometimes sound too bland or unfeeling, while raspy voices provide extra stimulation for the listener's ears.



What You Will LEARN



- 1) How to make **your** voice raspy today
- 2) Understanding where a raspy voice comes from and what **you** need to know about a raspy voice.
- 3) If it is really possible to grow a raspy voice (hoarse voice/croaky voice) for **yourself**
- 4) Examples of celebrities with raspy, croaky voices that **you** can aim **your** raspy voice goals towards
- 5) How to get a raspy voice that sticks with **you** for the long run
- 6) How the vocal cords work, along with a cool inside look of them at work as a person sings

DISCLAIMER + UNDERSTANDING

I need **you** to really really really take everything on this page into consideration before **you** attempt to do anything to make **your** voice raspy or make **your** voice hoarse . The raspy voice **you** want is created by a distortion of sound resulting from improperly resonating vocal cords. Most singers who care about their voice work to improve the quality and efficiency of their vocal cords to increase their range and make their voice more pure. So almost anything **you** do to increase the distortion that creates the rasp will cause damage to **your** vocal cords. I want **you** to consider this before **you** do anything else because if done enough, over time it will cause permanent damage. **You** would then have a really cool raspy voice, but **you** wouldn't be able to sing. Some people already can't sing so it may not bother you. Just take all this information into account. Let's also not forget that **your** voice gets raspier and deeper as you get older. You'll notice in my Future and Lil Wayne examples below how that makes more sense.





Raspy Vs Hoarse

What is the Difference Between the Two?



Often a hoarse voice is referred to a raspy voice and vice versa.

I mention this first because in this E-book on how to get a raspy voice I am going to also say hoarse in some spots (No not Mr. Ed)

And yes... I did make that picture just for you.



Is it Really Possible to Make Your Voice Raspy?

**I actually gave a lot of this
information when
answering the question
"how to make your voice
raspy" from singing
teachers.**

**Now is it really possible to
make your voice more
raspy? Clearly it is!**

IS IT REALLY POSSIBLE TO MAKE YOUR VOICE RASPIER?

For one thing, there are mornings you wake up with a raspy voice right? That is one way. But let's look at some real life examples of people who have a raspy voice and their evolution of it.



Future is an incredible example. Listen to a song of his from 2003 and see how his vocals weren't near the same level as they are now.

Then listen to any of his more recent songs and you'll be astounded by the amount of rasp in his voice. It's like a completely different person.

Even when he talks normally he has a super raspy voice. Check any interview from the last 2 years.

Rappers like Lil Wayne went from a smooth, forgettable voice to developing into super a raspy, very unique and memorable voice.

Comparing his voice from 2007 to 2016 is a whole different ball game.

These are just 2 examples of the many many many I can provide.

So it is more than clear that OVER TIME you CAN develop your voice to be raspy.

I'd like to point out that the time lapses of their voice growth happened over 5+ years.



CELEBS WITH RASPY VOICES

So you can get a firmer grasp on what a raspy voice sounds like, check out each of the clips below really quick and you'll get it.

CLICK THE NAMES

Al Pacino

Great speech and example of a cool ass raspy voice. Has Jamie Foxx, LL Cool J, Ving Rhames, and some other celebs you'll notice in the video clip.

George Zimmer

The guy from the Men's Warehouse Commercials. You'll think he has a raspy voice, I guarantee it. Check out this 3 second clip of his real voice haha

Patty And Selma From The Simpsons

This is actually stupid funny. Listen to the first 20 seconds hahaha

Clint Eastwood

This is one of the most famous scenes from the movie Gran Torino. Clint Eastwood made a career off of his raspy voice (his real voice sounds nothing like this)

Christian Bale

Aside from being a great actor he really sold the Batman character by adding in his own raspy voice .





THE 3 TYPES OF RASPY

- 1) People who are born with a naturally raspy sounding voice**
- 2) People who have damaged their vocal cords and larynx from drugs (smoking, alcohol, overuse, etc)**
- 3) Accessing it through techniques for getting a raspy voice such as the ones I have listed below**



THE METHODS OF RASP

These methods to making your voice raspier will take time to stick and make serious changes in your current voice.

But you can apply them a bit today and then immediately start recording songs after doing them in order to have a dryer, more hoarse throat for a unique sounding vocal from yourself.



COUGH AND WHISPER

You probably never thought to whisper to get a raspy voice.... but.... it is actually the part of the vocal cords where the rasp comes from! The breathiness in a voice is where that rasp is coming from. So the first thing I want you to learn is to **START off with a whisper.**

1) First thing I want you to do is fake a cough. Cough right now.

Do you feel where that cough is coming from in your throat? That is where your raspy voice is going to come from.

2) Right now I want you to start whispering with that part of your throat.

Push air out through the very bottom of your throat and stomach muscles and whisper. Whisper from as far down in your throat as you can.

Try making your voice as harsh as you can while you are whispering.

If you did this right you will instantly have a raspy voice.



COUGH AND WHISPER CONT.

What we are going to do now is whisper from a really really low voice all the way up to full range talking. Follow the instructions below slowly.

3) Now you need to start going from a raspy whisper voice, to a louder medium volume talking and keep talking in that whisper medium raspy voice.

4) After about 10 seconds move up to about your normal talking volume with the raspy voice.

As you get louder you will actually feel it breaking up your voice in the back of your throat. It will also feel like it is drying out your vocal cords.

If you did this right, you just found the base of your raspy voice.



THE DMX GROWL

Doing the growl will not only make your voice raspier but it will make your voice deeper. Both are pretty cool vocal features for someone to have.

That's why I spoke about the growl in the "How to Get a Deeper Voice" ebook.

1) Growl like a dog using the back of your throat.

It's the same place in your throat that we located above by coughing.

I want you to understand that you need to growl in your head voice. This is so that you are building the rasp using a lot less force than the chest voice would do.

The chest voice is much too powerful to growl from so I do not recommend doing that.



Again this is the same vocal mechanism you would put into place if you were going to cough or clear your throat.

You will notice how the rasp is coming from the same area.

Once you learn how to manipulate this area you will have a really cool raspy voice.



THE DMX GROWL CONT.

Now! Really quick! Since you've done the above strategies, your voice should be geared up and ready. You've found where to project your raspy voice from and you have now tuned it a bit with the growling. While you've already found this raspy voice for yourself, I want you to read this out loud so you can get used to feeling the voice in lines. This practice will help you recall the raspy voice next time you want to use it. Just do it!

Started gettin a little too big for the cage that I been trapped in
Cats knew it was a problem, went from robbin to rappin
Guns got to clappin, another trip to the morgue
We all know why it's happenin, another bit by the dog
When there's nothin left to eat, I ate away at my soul
Felt destructive cause I don't give a fuck if I go
I know y'all been told I don't give a fuck about livin
Killin other dogs got you cats chasin bitches
Got me itchin to bring back the beast from within
What I catch I'ma eat, in the streets I'ma win
I've been top dog and I'ma stay top dog
So what the fuck you got to say dog?
You cats play games that dog ain't with
Suck my dick, behind my back dog ain't shit
Well this is it, from now on if you ain't out the camp
We out to clamp, put 'em up against the champ



THE DMX GROWL CONT.

By the way those are DMX lyrics from the song Dogs Out lol. DMX is a rapper who is living proof that your voice can make your entire career.

Of course he had other qualities too.

MGK exerts air from his diaphragm to his lower throat, then he projects it out louder than normal when he raps. I can tell this because when you mimic his voice that is what is required to do it. This type of forced loud air projection is what is making his voice raspy.

I only mention this because MGK's favorite rapper is DMX and the vocal mimicking had been extremely apparent to me WELL BEFORE I ever knew he loved DMX. It was almost like he has been mimicking DMX from the beginning ;)

That created a unique raspy cool voice that MGK now has and created a large fan base for him.



THE SERIOUS RASPY VOICE TECHNIQUES

Do all of these raspy voice building techniques at **your** own risk. Use caution and if there is any pain please stop immediately and let yourself heal.

Vocal Chord Dehydration

Drinking alcohol dehydrates the vocal cords which makes them raspy.

This is why if you have ever drank liquor all night, especially a hard liquor, your voice gets raspier as the night goes on. You can drink hard liquor and you'll start to notice your voice getting raspier. Please do not do this if you're not legally allowed to drink. Also please do not **OVER DRINK**. Be smart.

If you do a bit of drinking on a strong liquor like a whiskey before you start recording your vocals you will have a bit more rasp in them.

Advanced Technique:

Partially dehydrate your vocals by taking 10 very deep breaths of dry air.

When u wake up in the middle of the night thirsty af





THE SERIOUS RASPY VOICE TECHNIQUES CONT.

Smoking For a Raspier Voice

Smoking makes the vocal cords raspy because it dries out the vocal cords.

Chemicals in whatever you are smoking is what messes your up for the long term though. For instance...

If you wanna talk about having a raspy voice. This lady has the voice for the next Batman movie trailer. **Raspy Voice Regina**

Over time it damages the vocal cords from smoke. This is pretty obvious if you have half a brain. The thing is that most rappers smoke A LOT of weed. That smoke slowly makes their voice raspier and raspier.

You can smoke and drink before you record a session and instantly see raspier vocals. Over time your vocal cords will slowly become raspier and raspier and you will have a unique sounding version of your current voice.

Similar to how Lil Wayne and Future's voices changes over the years of constantly use of drugs and alcohol, along with the practice of manipulating their voices.



THE SERIOUS RASPY VOICE TECHNIQUES CONT.

This is random but in my research I came across it and I am open minded about almost everything so I decided to also list it in here. For all I know this is the best way haha. The guy who made the video says:

This subliminal contents positive suggestions to get a sexy seductive raspy voice. This subliminal is unisex, works for both male and women. Listen twice everyday for three months. You can listen it on loop for 15-30 minutes or as long as you feel comfortable.

So apparently it emits frequencies that make your mind subliminally make your voice raspy over time. If you are REALLY serious then it doesn't hurt to try it. Some people REALLY REALLY want to make their voice raspier and I want to make sure I provide as much information as I can in that process.

It is actually pretty relaxing :D If I really wanted to make my voice raspy I wouldn't have an issue listening to this for 6 minutes a day for 90 days. You could probably even fall asleep listening to it.

Give it a look!!!



USE A RASPY VOICE TODAY



You could use the methods above to break down your vocal cords; once they are broken down a little bit you can record any songs you have written with that voice. Basically what you are doing here is you are warming up your raspy voice to prepare to perform.

The next time you record you would have to re warm up the raspy voice in order to use it. Eventually it would get closer and closer to being your permanent rap voice, plus you would have a much larger understanding of how to manipulate and use it. Also you'd have a much firmer grasp on which of these methods worked for you.

This idea comes from the times I have been sick. When I get sick I actually have a much different but really cool voice. One time someone said "Yo, you sound really cool right now." So I went home and recorded some tracks with that vocal. LOOOVED THE VOICE, I just didn't do a song that I liked enough to release.

Fortunately I am only sick every few years, Unfortunately I can't congest myself enough to get that voice without being sick. The congestion from the mucus in my nose AND throat create a raspy, partially nose plugged vocal. I tell this story so you can see in your head other ways that your voice can change for the better. Singing for a long time before your performance, loudly will put stress on your chords; that might help.



THE MIND BLOWING TRUTH

You Can Use Your DAW's Plug Ins To Increase Raspiness

If you don't know what a DAW is it stands for Digital Audio Workstation. Such as Pro Tools or any other software where you are primarily editing audio.

This is actually HUGE whether you realize it or not.

If you can find the perfect chain of plugins to apply to your vocals that you can use anytime you record a track, you now have a unique voice unlike anyone else.

Here's the GENIUS realization thats going to blow your mind!



HOW TO DO IT

- 1) First off work on your raspy voice naturally. Build it up, practice it, rap with it.
- 2) Record with your raspy voice on the song you want to create
- 3) Start applying plugins to the tracks you recorded.
- 4) Test all the effects until you love how it sounds and your words can still be heard.

(You don't want people losing out on all that great stuff you wrote)

I don't know what DAW you use so I can't recommend exact tools.

Plus I don't know your exact voice so I can't recommend what would work for you getting a raspier voice or what settings to use for how to get a raspy voice.

For those of you saying that applying effects is cheating... what the fuck are you talking about? Future's vocal has autotune + a bunch of other plugins on it in every song to smooth his flow and increase his presence



HOW TO DO IT CONT

I doubt they ever approached it from the standpoint of "Wow we could add some rasp to the voice + unique plugins to completely change your voice."

Why hasn't this been done? Because these artist are already massively established before they find a cool voice like this and they can't just change it overnight. Their audience already likes their voice the way it is.

T-Pain built an ENTIRE career and changed the music industry using this technique.



With me approaching and showing you the method from a starter point, you can build your entire rap style around this method and master it in the next year. Now what I can do is recommend some plug ins you can mess with as a base to get you started and then you start experimenting from there.



PLUG INS

1) Antares Aspire Evo Vocal Effects Plugin

Modifies a vocal's breathiness without changing the harmonic content of the vocal. That combined with raspy voice exercises and you are on your way.

2) Antares Auto Tune

If you really want to know how to make your voice raspy, you can create some **REALLY** cool vocal effects with Auto Tune that don't need to be pushed to the limit and sound like Auto Tune. You just have to mess with the large range of features the plugin has.



PLUG INS CONT

TEST OUT EVERY PLUG IN YOU CAN GET YOUR HANDS ON

I'm not going to list 100 plug ins here like I could. I'm just going to tell you to go out and get your hands on everything you can that will help you add rasp to your voice and other things you want to add. Toss all of them into chains and mess with the sends and levels and everything you can to see how it sounds on your voice.

Yes, this will take time. Everything great takes time. If it was that easy everyone would be doing it. But if you take the time and find the coolest chain for your voice with the plugins you will be the guy that everyone loves for his cool unique voice.

People will all wonder how you did it. When really, it was just practice and a bunch of plugins at very tiny increments that all added up to create your cool voice along with you practicing building your natural voice.



SPEED UP THE PROCESS

How to Get a Raspy Voice FASTER Through Understanding



I also wanted to provide information inside of this to help you understand how the voice really works.

When you can understand how the voice is actually created in your throat, you can learn to manipulate it easier and faster.

It will also help you understand what is going on inside of your body when you do the above techniques to attain a raspier voice.

Similar to how if you understand how to write a song, you can fix issues in the song much faster than someone who is writing a song for the first time. Because you understand the structure of the song, how it works and how it is all put together. Right?



SPEED UP THE PROCESS CONT.

It would be very difficult for me to explain through words and just pictures how a voice box works, how your vocal cords work, how your larynx works, and all that together. So Instead I went and watched a ton of very informational and cool videos that you can watch to also understand more.

Don't worry, I link you straight to the best part of the videos so you don't have to sit through boring ass intros in the videos. :)

An inside look at how vocals work while a singer is singing.

At 3:52 you see some crazy shit happen!

This is another inside look at the vocal cords working as someone sings but this one is pretty cool in its own way.

Finally, **this video** is a much more technical look at how your voice works and is pretty cool. It will help you understand whrer the tongue is at in your mouth compared to the vocal folds.



DISCLAIMER

Do all of the exercises at your own risk. SmartRapper.com and its owners and operators take no responsibility for your use of these techniques. The above is a compilation of the best information I have personally used and also the best information I have found around the internet for naturally creating a deeper voice. I am not responsible if you over strain or damage your vocal cords. Do everything above in moderation and grow slowly. Stop immediately if you experience any pain or discomfort. Wait till you heal completely before doing anymore of the techniques listed in this Ebook or anywhere else.

Additionally, raspy voices are caused by nodules, or calluses on the vocal folds. Those are called polyps, and they are fluidfilled bulges; or ulcers.

Nodules and polyps require surgery to get rid of.

Some people get inflammation that will eventually turn into nodules without care.

Maybe you want a raspy voice, but I'm pretty sure you don't want surgery. So do everything with a caution.



CHECK OUT MY OTHER GUIDES

Want to get connected in the industry? We've put together a huge list of contacts for you, from labels, to blogs, to agents, managers, booking - you name it. Check it out here now.

[CLICK HERE](#)

136 Smart Music Marketing Ideas To Reach Millions Of Potential Fans Packed with 6 years of music marketing notes that I took.

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I have a full rap lyric writing course from AZ out as well. You can find that at:

[CLICK HERE](#)